

# CULTIVATING THE VIRTUES

Disciple of Christ, Education in Virtue®



NAME: \_\_\_\_\_

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## CARDINAL VIRTUE OF FORTITUDE



**CONTENDING  
WITH FORTITUDE**

### MEANING:

Enables one to endure difficulties and pain  
for the sake of what is good.

### OPPOSING TRAIT:

Choosing the easiest task; giving up too quickly

Draw a picture of a time you chose the easy way.

What would have happened if you chose the hard thing?

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