

# CULTIVATING THE VIRTUES

Disciple of Christ, Education in Virtue®



NAME: \_\_\_\_\_

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## CARDINAL VIRTUE OF TEMPERANCE



MASTERING  
WITH TEMPERANCE

### MEANING:

Enables one to be moderate in the pleasure  
and use of created goods

### OPPOSING TRAIT:

Overindulging in a good thing; Intemperance

Draw a picture of something you may enjoy too much.

What are some things you could do to keep yourself from enjoying a thing too much?

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