

VIRTUE EXPLORER

SCOPE AND SEQUENCE

	VIRTUE	SCRIPTURE	SAINT	GIFT OF THE HOLY SPIRIT	PRESENTER	LENGTH
THEOLOGICAL VIRTUES						
1	Faith	Matthew 17:20	The Blessed Virgin Mary	Knowledge and Understanding		
2	Hope	Hebrews 6:19–20	St. Rose of Lima	Fear of the Lord		
3	Charity	1 Corinthians 13:13	Sts. Peter and Paul	Wisdom		
CARDINAL VIRTUES						
PRUDENCE						
4	Prudence	Matthew 6:22–23	St. Pedro Calungsod	Counsel	Francesca	0:53
5	Circumspection	Luke 14:28–30	Bl. Miguel Pro (1:47)	Counsel	Maria	0:49
6	Docility	Sirach 6:32–33	St. Dominic Savio (1:52)	Counsel	Seppe	
7	Foresight	Proverbs 20:4	St. John Bosco (1:45)	Counsel	Thomas	1:15
8	Sound Judgment	Sirach 22:16-18	St. Thomas More (no video)	Counsel	Francesca	0:31
JUSTICE						
9	Justice	Matthew 5:6	St. Katharine Drexel	Piety	Seppe	0:45
10	Affability	Sirach 6:5–6 Matthew 5:46–47	St. Pier Giorgio (1:45)	Piety	Seppe	0:47
11	Courtesy	Revelation 3:20	St. Rose of Lima (2:02)	Piety	Francesca	0:43
12	Fairness	Matthew 7:12 Galatians 5:13–14	St. Katharine Drexel (no video)	Piety	Francesca	0:49
13	Generosity	2 Corinthians 9:6–8	St. Giuseppe Moscati (1:55)	Piety	Thomas	1:16
14	Gratitude	Luke 17:11–19	Bl. Solanus Casey (no video)	Piety	Maria	1:22
15	Kindness	Luke 10:33–35	St. Martin de Porres (1:44)	Piety	Maria	1:42
16	Loyalty	John 6:66–69	St. Charles Lwanga (2:11)	Piety	Thomas	1:07
17	Obedience	Luke 1:38 Titus 3:1	St. Catherine Labouré (no video)	Piety	Francesca	1:36
18	Patriotism	1 Peter 2:13–17	St. Catherine of Siena	Piety	No video	
19	Prayerfulness	Philippians 4:4–7	St. Catherine of Siena	Piety	No Video	
20	Respect	Matthew 8:5–10, 13	St. Catherine of Alexandria	Piety	Thomas	0:53
21	Responsibility	Matthew 25:14–21	St. Margaret of Scotland (1:35)	Piety	Seppe	1:03
22	Reverence	Hebrews 12:28–29	St. Tarcisius (no video)	Piety	Maria	1:26
23	Sincerity	John 21:15–17	St. Joseph Mukasa (no video)	Piety	Francesca	1:07
24	Trustworthiness	Matthew 24:45–47	Bl. Anne-Marie Javouhey (1:56)	Piety	Seppe	0:57

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FORTITUDE						
25	Fortitude	Romans 8:35–37	St. Noe Mawaggali	Fortitude	Thomas	0:38
26	Courage	Acts 4:29–31	Bl. Chiara Luce (1:49)	Fortitude	Francesca	1:18
27	Industriousness	Colossians 3:23–24	St. Anthony Marie Claret (no video)	Fortitude	Maria	1:07
28	Magnanimity	Matthew 22:2–3, 8-10	St. Louis de Montfort (1:48)	Fortitude	Thomas	1:39
29	Magnificence	1 Peter 4:10–11	St. John Paul II (2:05)	Fortitude	Francesca	1:03
30	Patience	Philippians 4:11–13	St. Gianna Molla (1:56)	Fortitude	Seppe/ Thomas	1:24
31	Perseverance	Galatians 6:9–10	St. Monica (no video)	Fortitude	Thomas	1:28
TEMPERANCE						
32	Temperance	1 Corinthians 9:25	St. Mark Ji Tianxiang	Fear of the Lord	Maria	0.49
33	Chastity	Matthew 5:8 Matthew 6:22–23	St. Augustine (no videos)	Fear of the Lord		
34	Clemency	Ephesians 4:31–32	St. Maria Goretti (1:50)	Fear of the Lord	Thomas	1:22
35	Eutrapelia	Proverbs 8:1, 22, 29–31	St. John the Evangelist (no video)	Fear of the Lord	Maria	1:37
36	Honesty	Ephesians 4:23–25	St. José Sanchez del Rio (1:48)	Fear of the Lord	Seppe	0:50
37	Humility	Philippians 2:3–4	St. Gemma Galgani (2:06)	Fear of the Lord	Seppe	0:45
38	Meekness	Ephesians 4:26	St. Thérèse of the Child Jesus (2:09)	Fear of the Lord	Francesca	1:22
39	Moderation	Titus 2:11–13	St. Carlo Acutis (2:01)	Fear of the Lord	Seppe	1:01
40	Modesty	2 Corinthians 10:17 1 Corinthians 6:19–20	St. André Bessette (no video)	Fear of the Lord		
41	Orderliness	Luke 15:8–9	St. Raymond of Peñafort (no video)	Fear of the Lord	Maria	1:19
42	Self-Control	1 Timothy 1:7	St. Kateri Tekakwitha (1:52)	Fear of the Lord	Maria	2:12
43	Studiousness	Philippians 4:8	St. Albert the Great (no video)	Fear of the Lord	Francesca	1:12