Humil	ity is knowing and accepting the truth about ourselves. How can humility, even about our sins, draw us closer to
"Fear	of the Lord" is a gift of the Holy Spirit. How does this differ from servile fear?
Fr. Nic	ck lists four good motives for studying the 7 deadly sins. List them.
	1
	2
	3.
	4
	nd time sitting in silence and pondering the motives. Ask God to reveal which motive(s) needs to be strengthene ou? Write down what you hear Him saying to you.
	nis space for other thoughts and reflections.
Use tl	
Use ti	