



NAME: _____



MASTERING
WITH TEMPERANCE

MODERATION

MEANING:

Attention to balance in one's life

Lectio Divina Worksheet



1 ECCLESIASTES 3:1-7

There is an appointed time for everything,
and a time for every affair under the heavens.

A time to give birth, and a time to die;
a time to plant, and a time to uproot the plant.

A time to kill, and a time to heal;
a time to tear down, and a time to build.

A time to weep, and a time to laugh;
a time to mourn, and a time to dance.

A time to scatter stones, and a time to gather them;
a time to embrace, and a time to be far from embraces.

A time to seek, and a time to lose;
a time to keep, and a time to cast away.

A time to rend, and a time to sew;
a time to be silent, and a time to speak.

Draw a picture of something that struck you during this time of prayer.



