




CULTIVATING THE VIRTUES

Disciple of Christ, Education in Virtue® 

NAME: _____



MEEKNESS

MEANING:
Serenity of spirit while focusing on the needs of others

Lectio Divina Worksheet

 **MATTHEW 11:28-30**

Jesus said, "Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light."

Draw a picture of one way God may be asking you to grow in the virtue of meekness.



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