



1st-2nd Grade THINK SHEET

NAME _____

DATE _____

THINKING ABOUT ONE'S CHARACTER, ACTIONS, AND MOTIVES.

What I did: _____

How I was feeling:



Sad



Scared



Angry



Silly



Confused

How did I make others feel?



Sad



Scared



Angry

What will I do differently next time?

Parent Signature: _____

Date: _____



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NAME _____

CLASS _____

DATE _____

3rd-4th Grade | SELF-REFLECTION SHEET

THINKING ABOUT ONE'S CHARACTER, ACTIONS, AND MOTIVES.

My actions were:

.....

.....

.....



Who was affected by your actions? (Describe how the other person or people may have felt because of your actions.)

.....

.....

.....

I made this choice because:

.....

.....

.....

A better choice would be to:

.....

.....

.....

The virtue(s) I should practice is/are:

.....

This virtue would 'look like' and 'sound like':

.....

.....

.....

ACTION TAKEN:

FOLLOW UP:

Parent Signature: _____



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PRAY AND THINK

DECIDE AND ACT

ASK AND LISTEN



What was I thinking?

NAME _____
CLASS _____
DATE _____

5th–8th Grade | SELF-REFLECTION SHEET

THINKING ABOUT ONE'S CHARACTER, ACTIONS, AND MOTIVES.



PRAY AND THINK

DECIDE AND ACT

ASK AND LISTEN

My actions were:

It was inappropriate because:

Who was affected by your actions?

(Describe how the other person or people may have felt because of your actions.)

Does this reflect who you are? (Explain.)

I could have avoided it if I had:

The virtue(s) I should focus on is/are:

because:

ACTION TAKEN:

FOLLOW UP:

Parent Signature: _____



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